



FOR RELEASE NOVEMBER 1, 2020

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EDEN AT DEHRADUN RECEIVES HEALTHY LIVING AWARD

Recognized as a *Retirement Resort* for providing *Retirement Living at its Healthiest®*

[Charlotte, NC] Eden at Dehradun, set in the foothills of the beautiful Himalayas, has been recognized for its plan to provide *Retirement Living at its Healthiest®* in Dehradun, India, and has been pre-certified as India's first *Retirement Resort* by SENIOR HOSPITALITY INTERNATIONAL.

The top priority of the new generation of Seniors is staying healthy. Because retiring at home can become unhealthy due to loneliness and boredom, a growing number of Seniors are looking for communities with healthy lifestyle options for the body, mind, soul and spirit. To help Seniors in their search for comprehensively healthy environments, a select group of communities is being recognized by SENIOR HOSPITALITY INTERNATIONAL as *Retirement Resorts* for their commitment to providing *Retirement Living at its Healthiest®*.

Eden at Dehradun has earned this recognition for the healthy lifestyle residents will be able to enjoy there. To receive this recognition, *Eden Senior Living & Wellness* has demonstrated their commitment to providing residents comprehensively healthy lifestyle options. These include *Healthy Campus Amenities* (Facilities, Staffing & Programming), *Healthy Resident Activities* (for Body, Mind, Soul & Spirit), and *Healthy Community Engagement* (Resident Clubs & Groups).

"Eden at Dehradun will offer an impressive array of healthy lifestyle options for residents to enjoy," said J. Keesey Hayward of SENIOR HOSPITALITY INTERNATIONAL. "*Eden Senior Living & Wellness* is relentlessly focused on providing future residents the many Dimensions of Healthy Living: Physical, Intellectual, Emotional, Social, Nutritional, Spiritual, Cultural, and Vocational." Eden at Dehradun will also offer a unique emphasis on preventative integrative wellness, which is a combination of allopathic and traditional Indian and Chinese medicines.

Communities recognized as *Retirement Resorts* represent the paradigm shifts changing the focus and nature of the Senior Hospitality industry in recent years:

- A shift from "Caring for the Elderly" to "Serving Seniors"
- A shift from "Getting Well" (cure) to "Staying Healthy" (prevention)
- A shift from "Institutionality" to "Hospitality"

All *Retirement Resorts* offer an Independent Living Service-Level. Some also offer additional *Service-Levels*: one or more Levels of on-site Healthcare Services (Assisted Living Services, Memory Care Services, and Nursing Care Services). Eden at Dehradun will offer two *Service-Levels*: Independent Living and Assisted Living Services.

[SENIOR HOSPITALITY INTERNATIONAL](http://www.SeniorHospitalityInternational.com) was founded in 1999 to "Help Seniors enjoy *Retirement Living at its Healthiest®* by guiding them to wellness-focused communities certified as *Retirement Resorts*" To learn more about healthy living at Eden at Dehradun, visit www.EdenSeniors.com

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